

E A T I N G

D I S O R D E R S

U N D E R S T A N D

C O M M U N I C A T E

A W A R E N E S S

T R A I N I N G

E V A L U A T E

UNDERSTAND:

Try to see from the sufferers' and carers' perspective.

COMMUNICATE:

Do ask direct questions about how they are feeling emotionally and mentally.

AWARENESS:

Find out about services available locally and nationally.

TRAINING:

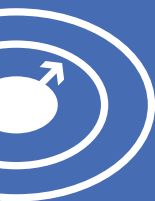
Education is a powerful way to improve professional practice.

EVALUATE:

Keep an open mind and continue to learn in order to be better supportive....



*Eating Disorders Have No Gender, Age, Ethnicity, Religion, Sexuality, or Social Class. **Anyone can be affected.***



MGEDT
men get eating
disorders too!

For more information please go to:
www.mengetedstoo.co.uk